



MARINETTE COUNTY Wellness Committee

Anne Theuerkauf
Chair

Boni Nerat-Heckel
Vice-Chair

BobbieJean Borkowski
Secretary

Hollie Viestenz
Treasurer

Minutes

November 6, 2012
Stephenson Public Library
Library Community Room
1700 Hall Ave, Marinette

MEMBERS PRESENT: Anne Theuerkauf, Boni Nerat-Heckel, Hollie Viestenz, Gina Teeple, Kate Gross, Bev Noffke, Tim Oestreich, Jennifer Thiele, and Bobbie Borkowski

1. Call to order

Meeting called to order at 12:15 p.m. by Chairperson Anne Theuerkauf.

2. Approve/Amend Agenda items

Motion (Theuerkauf/Nerat-Heckel) to approve the agenda. Motion carried.

3. Approve/Amend Minutes

Motion (Nerat-Heckel/Viestenz) to approve the minutes of October 2, 2012. Motion carried.

4. Financial Report

Motion (Thiele/Teeple) to accept Financial Report. Motion carried.

5. Update on HUG activities

Health Risk Assessments had a great turn out, with about 250 employees and 20 spouses participating. Additional days and time slots have and will be added to accommodate as many people as possible. Final participation numbers will be available in December.

Lunch & Learns – we will try and get two more in before the end of the year.

Weight Watchers is going well.

6. Update on Wellness activities

Our Annual Fall Walk had a great turn out with 43 participants walking a one or two mile route followed by a lunch and prizes.

Minutes in Motion will begin next month.

An RFP will go out for healthy vending machines in the county buildings

7. 2013 GHT Funding Ideas

- Corporate Challenge
- Yoga Person
- Health Fair
- Fitness Club Reimbursements – 12 times = \$20.00

- Weight Watchers
- Health Risk Assessment
- Run/Walk/Bike Race Fee Reimbursement up to \$25
- Lunch & Learns
- GHT Fitness Challenge
- Fitness Room Updates
- Smoking Cessation
- Wellness newsletter – discussion only.

8. 2012 Health Fair Event/Discuss 2013 Health Fair Event

- The Health Fair went really well this year! We had 220 participants and 30 vendors set up at the UW Field House gym. Next Health Fair will be Thursday October 3, 2013 10:00 a.m. to 2:00 p.m.
- We will move HRA's to April and Health Fair will stay in October.

9. Wellness General Email

The four officers of Wellness will have access to the Wellness General email. When this is set-up, all future emails regarding Wellness activities, programs, etc will come from this email account. This, along with the Intranet, will be used for communication with employees for Wellness.

10. Correspondence

- Turkey Trot – Thursday, November 22, 2012 at 8:00 a.m. Location: YMCA in Menominee, MI
- Jingle Bell Run – Saturday, December 8, 2012 at 9:00 a.m. Location: YMCA in Menominee, MI

11. Future Items on Next Agenda

- Minutes in Motion
- Clothing Orders
- Elections
- Wellness Work Groups for 2013
- HUG Grant

12. Adjournment

Motion (Nerat-Heckel/Noffke) to adjourn at 1:10 p.m. Motion carried.

Next meeting date is December 4, 2012 at 12:00 p.m.

Location: Job Center

BobbieJean Borkowski
Wellness Secretary

Date approved/corrected: