



MARINETTE COUNTY Wellness Committee

Anne Theuerkauf
Chair

Boni Nerat-Heckel
Vice-Chair

BobbieJean Borkowski
Secretary

Hollie Viestenz
Treasurer

Minutes

June 5, 2012

Jury Assembly Room

Lower Level, Courthouse Annex

MEMBERS PRESENT: County Board Member Connie Seefeldt, Anne Theuerkauf, Boni Nerat-Heckel, Hollie Viestenz, John Machnik, Jennifer Thiele, Bev Noffke, Gail Damaschke, Paul Klose, Greg Cleereman, Kathy Frank, and Wendy Stuart, and Bobbie Borkowski

1. Call to order

Meeting called to order at 12:15 p.m. by Chairperson Anne Theuerkauf.

2. Approve/Amend Agenda items

Motion (Viestenz/Noffke) to approve the agenda. Motion carried.

3. Approve/Amend Minutes

Motion (Noffke/Nerat-Heckel) to approve the minutes of May 1, 2012. Motion carried.

4. Financial Report

Motion (Theuerkauf/Thiele) to accept Financial Report. Motion carried.

5. Update on Corporate Challenge and Presentation of the 2nd Place Plaque

Anne showed the Corporate Challenge 2nd Place Plaque and it will be placed in the Courthouse Fitness room for now.

6. Update on HUG activities (HRA's, Health Fair, GHT Fitness Challenge, Health Insurance Lunch and Learns) Exhibit A

Ellen and Jennifer are meeting with our Health Care Consultant, Associated Financial Group this Friday

July 16 there will be an ergonomics lunch and learn

7. Transfer of Money from Wellness Fund to cover Corporate Challenge Golf

Motion (Nerat-Heckel/Viestenz) to approve transfer of \$60 from Wellness Fund to cover Corporate Challenge golf competition (green fees and golf cart). Motion carried. Kathy Frank was not in favor of this.

8. Weight Watchers Budget

Discussion only.

9. Correspondence

June 16, 2012 1st Annual Jim Hodge 5k/10k Run for Pulmonary Fibrosis

July 7, 2012 Aurora Mac Run/Walk at Marinette High School

10. Future Items on Next Agenda

Weight Watchers

11. Adjournment

Motion (Noffke/Theuerkauf) to adjourn at 1:05 p.m. Motion carried.

Next meeting date is July 3, 2012 at Health & Human Services

BobbieJean Borkowski
Marinette Deputy County Clerk

Date approved/corrected:

Health Fair Vendor Update:

- 56 letters went out inviting vendors to participate in the health fair. The list included chiropractors, dentists, massage therapists, physical therapists, optometrists, dermatologists, health clubs, and ENTs. More letters will go out as possible vendors are identified.
- NortheEach is willing to participate. Other healthcare providers will be contacted in the next week.
- UW Extension, Health and Human Services and the Sheriff's department have all been contacted and are willing to participate.
- Letters will be sent to local businesses, such as Angeli's, to see if they are willing to make a donation (i.e. healthy snack).

GHT Fitness Challenge Updates:

- 10 week competition started May 20th
- We have 14 teams of eight people
- Our top two teams from the first week are:
 - Marinette County Firecrackers with 527 points
 - The Enforcers with 498 points
- Our top two teams from the second week are:
 - The Enforcers with 719 points
 - Marinette County Firecrackers with 475 points
- The total points for all teams in the first week was 4,622 and the second week the total increased by 620 to 5,242!

Notices were sent out regarding incentives for our teams provided by the Healthy U Grant.

- Midway competition – teams with average of 160 points for every week for first 5 weeks participants will receive a \$5 Subway gift card!
- End of competition – top two teams that earn the most points all teammates will receive \$15 in cash!
- End of competition – teams with average of 160 points for every week, participant's names will be put in a drawing where 50 people will receive \$10 in cash!
- *We are also planning an end of competition party for all participants – after work at a local restaurant will healthy hors d'oeuvres ... details to follow!*