



MARINETTE COUNTY Wellness Committee

Anne Theuerkauf
Chair

Boni Nerat-Heckel
Vice-Chair

BobbieJean Borkowski
Secretary

Hollie Viestenz
Treasurer

Minutes

May 3, 2013

Library Community Room

1700 Hall Ave, Marinette WI

MEMBERS PRESENT: County Board Member Connie Seefeldt, Anne Theuerkauf, Hollie Viestenz, Nicole Unti, Anne Smith, Paul Klose, Bobbie Dolliver, Tim Oestreich, Robin Elsner, Gina Teeple, Wendy Stuart, Peshtigo Times and Bobbie Borkowski

1. Call to order

Meeting called to order at 12:10 p.m. by Chairperson Anne Theuerkauf.

2. Approve/Amend Agenda items

Motion (Dolliver/Unti) to approve the agenda. Motion carried.

3. Approve/Amend Minutes

Motion (Viestenz/Theuerkauf) to approve the minutes of April 5, 2013. Motion carried.

4. Financial Report

Motion (Borkowski/Oestreich) to accept Financial Report. Motion carried.

5. Healthy Vending in County Buildings

Discussion only.

6. Up Date on HUG Activities

- Health Fair update
- Health Risk Assessment
- Weight Watchers is going well, they are meeting at noon on Thursdays
- Lunch & Learn – Ergonomics is June 5th, 2013; April 10th was gardening, about 20 people attended.
- Yoga is going well, we are meeting every other Wednesday. Looking into possibly meeting every Wednesday with a different instructor opposite weeks.

7. Up Date on Wellness Activities

- Fitness Challenge is off to a good start, with 16 teams of 8 people per team. There will be incentives along the way of this competition.
- Room updates, equipment for courthouse fitness room – discussion only.
- Corporate Challenge is the week of May 13th – May 16th, 2013
- Bellin Run – 35 people are registered so far
- Massages are done
- 2013 Wellness Planning Calendar – April was Stress Management (relax in four) we had about 45 people sign up. Upcoming Calendar of events – May is Physical Activity and June is Men's Health

8. Correspondence

None

9. Future Items on Next Agenda

- Vending in County Buildings
- Fitness room equipment

10. Adjournment

Motion (Oestreich/Theuerkauf) to adjourn at 12:40 p.m. Motion carried.

Next meeting date is at the Job Center, June 7, 2013 at 12:00 p.m.

BobbieJean Borkowski
Marinette Deputy County Clerk

Date approved/corrected: