



MARINETTE COUNTY Wellness Committee

Anne Theuerkauf
Chair

Boni Nerat-Heckel
Vice-Chair

BobbieJean Borkowski
Secretary

Hollie Viestenz
Treasurer

Minutes

February 28, 2012

Land Information Conference Room (C129)

Marinette County Courthouse

MEMBERS PRESENT: Anne Theuerkauf, Boni Nerat-Heckel, Hollie Viestenz, Pam Daye, Kristi Yates, Paul Klose, Tim Oestreich, Gina Teeple, Bev Noffke, and Bobbie Borkowski

1. Call to order

Meeting called to order at 12:30 by Chairperson Anne Theuerkauf.

2. Approve/Amend Agenda items

Motion (Theuerkauf/Viestenz) to approve the agenda as amended. Motion carried.

3. Wellness Incentive Program March – May 2012

Motion (Theuerkauf/Nerat-Heckel) to approve Wellness Incentive March – May 2012. Motion carried. Exhibit A

4. Approve 2011 Carryover Funds

Motion (Noffke/Nerat-Heckel) to approve allocation for 2011 carryover funds. Motion carried

5. Correspondence

YMCA – Bunny Hop (chili cook off)

6. Future Items on Next Agenda

7. Adjournment

Motion (Noffke/Viestenz) to adjourn at 1:10 p.m. Motion carried.

Next meeting date is April 3, 2012 at the Law Enforcement Center

BobbieJean Borkowski
Marinette Deputy County Clerk
Date approved/corrected:

2/28/12

Wellness Fitness Incentive Program

The Marinette County fitness rooms located at the Courthouse, Human Services and Law Enforcement Center will be open and available to ALL employees from March 1 - May 31st. If an employee uses the room at least 12 times per month (only one time per day will count toward the 12), they will be given \$5/month from the Healthy U Grant.

There will be sign-in sheets in each room that will get turned in monthly and payment will be issued at the end the program. We are going on the honor system for sign-ins and it will be the employee's responsibility to make sure they sign-in every time they use the room.

Please note – employees CANNOT participate in this program AND the \$20 Health Club Reimbursement program or Weight Watchers that is already offered through the HUG. If employees choose to opt out of the community programs that are already set-up, the employee is responsible to check with them on their contract and/or cancellation policies, etc. as each place is different. Also, this is a program only for employees, not spouses.

The intent of this program is to keep people moving and healthy and continue usage of Marinette County Wellness rooms. The Wellness committee also hopes this would encourage more employees to sign-up for the Wellness program where they will pay \$1 per paycheck. This gives them the opportunity to try out a Marinette County fitness room if they have not been able to and see if it is something that would work for their own personal schedule. After May 31st, the rooms are only used by paying Wellness members.