



## MARINETTE COUNTY Wellness Committee

Anne Theuerkauf  
Chair

Boni Nerat-Heckel  
Vice-Chair

BobbieJean Borkowski  
Secretary

Hollie Viestenz  
Treasurer

### Minutes

December 4, 2012  
Job Center, Room 312/314  
1605 University Dr., Marinette

MEMBERS PRESENT: Anne Theuerkauf, Boni Nerat-Heckel, Hollie Viestenz, Gina Teeple, Pam Daye, Bev Noffke, Tim Oestreich, Anne Smith, Bobbi Dolliver, Michelle Fendryk, and Bobbie Borkowski

**1. Call to order**

Meeting called to order at 12:15 p.m. by Chairperson Anne Theuerkauf.

**2. Approve/Amend Agenda items**

Motion (Viestenz/Borkowski) to approve the agenda as amended. Motion carried.

**3. Approve/Amend Minutes**

Motion (Nerat-Heckel/Viestenz) to approve the minutes of November 6, 2012. Motion carried.

**4. Financial Report**

Motion (Noffke/Nerat-Heckel) to accept Financial Report. Motion carried.

**5. Election of Chairperson**

Boni Nerat Heckel nominates Anne Theuerkauf for Wellness Chairperson.  
Motion (Nerat-Heckel/Viestenz) to elect Anne Theuerkauf as Chairperson for one-year term effective January 1, 2013. Motion carried.

**6. Election of Vice-Chairperson**

Bobbie Borkowski nominates Boni Nerat-Heckel for Wellness Vice-Chairperson.  
Motion (Theuerkauf/Viestenz) to elect Boni Nerat-Heckel as Vice-Chairperson, one-year term effective January 1, 2013. Motion carried.

**7. Election of Treasurer**

Boni Nerat-Heckel nominates Hollie Viestenz for Wellness Treasurer.  
Motion (Theuerkauf/Borkowski) to elect Hollie Viestenz as Treasurer, one-year term effective January 1, 2013. Motion carried.

**8. Election of Secretary**

Hollie Viestenz nominates BobbieJean Borkowski for Wellness Secretary.  
Motion (Viestenz/Noffke) to elect BobbieJean Borkowski as Secretary, one-year term effective January 1, 2013. Motion carried.

**9. Nominate/Appoint Wellness Committee Executive Members**

Anne Theuerkauf nominates Bev Noffke for the Wellness Executive Committee.  
Bev Noffke nominates Tim Oestreich for the Wellness Executive Committee.  
Pam Daye nominates Bobbi Dolliver for the Wellness Executive Committee.  
Bobbie Borkowski nominates Nicole Unti for the Wellness Executive Committee.

Motion (Nerat-Heckel/Viestenz) to close nominations and cast a unanimous ballot for the Wellness Executive Committee in addition to the four officers and the County Board representative.

Wellness Executive Committee consists of:

Anne Theuerkauf (Chair)  
Boni Nerat-Heckel (Vice-Chair)  
BobbieJean Borkowski (Secretary)  
Hollie Viestenz (Treasurer)  
Bev Noffke  
Tim Oestreich  
Bobbi Dolliver  
Nicole Unti  
Connie Seefeldt (County Board Representative)

**10. Healthy U Grant**

Motion (Nerat-Heckel/Theuerkauf) to approve 2013 Healthy U Grant. Motion carried.  
Exhibit A

**11. Minutes in Motion**

Minutes in motion will start first Sunday in January and run for eight weeks.

**12. Wellness Work Groups for 2013**

Motion (Noffke/Nerat-Heckel) to approve Wellness Work Groups for 2013 as presented.  
Motion carried. Exhibit B

**13. Clothing Orders**

Marinette County Clothing is purchased through Schooby's, the contact is Rob Lund. All clothing orders are in and have been delivered to each building. For more orders you can email Boni Nerat-Heckel and the order form is on the intranet. We can purchase Marinette County apparel anytime, no minimum order is required.

**14. Correspondence**

YMCA – Dodge Ball after dark starts at 5pm on Tuesday, January 22, 2012. \$50/team

**11. Future Items on Next Agenda**

Healthy Vending  
HUG Activities  
Yoga

**12. Adjournment**

Motion (Daye/Nerat-Heckel) to adjourn at 12:50 p.m. Motion carried.

Next meeting date is January 8, 2013 at 12:00 p.m.

Location: Courthouse

BobbieJean Borkowski

Wellness Secretary

Date approved/corrected:

## Wellness Work Groups for 2013

### Blood Drive Snacks:

Tammy Kasal  
Tina Barnes  
Laura Mans

### Equipment Room Point of Contact

Kathy Frank (LEC)  
Tammy Kasal & Kristi Yates (Courthouse)  
Pam Daye (HHSD)

### Golf Outing

Pam Daye  
Anne Theuerkauf  
Anne Smith  
Bev Noffke  
Boni Nerat-Heckel  
Teresa Rastall

### Minutes in Motion

Tammy Kasal (Courthouse)  
Pam Daye (HHSD)  
Fae Olson (LEC)  
Sandy Waugus (Job Center)

### Healthy Vending Workgroup

Ellen Sorensen  
Connie Seefeldt  
Hollie Viestenz  
Jennifer Thiele  
Anne Theuerkauf

### Lunch & Learns

Jennifer Thiele  
Wendy Stuart  
Ellen Sorensen  
Gina Teeple

### Massages

Fae Olson (LEC)  
Phyllis Lavarda (HHSD)  
Bev Noffke (Courthouse)  
Sandy Waugus (Job Center)

### Wellness Walk (1)

BobbieJean Borkowski  
Hollie Viestenz  
Anne Theuerkauf  
Erik Aleson

### Help Out Where Needed:

Anne Theuerkauf	Paul Klose
Laura Mans	Teresa Rastall
Kathy Brandt	Farrah Fuller
Nicole Unti	Kristi Yates
Bev Noffke	
Terry Carlson	
Erik Aleson	

**HUG**

2012 Carryover = \$3,140 + \$15,000 = \$18,140

Program	Proposed Budget	Notes
Health Risk Assessment	1,600.00	\$160 X 10 EMPLOYEES WITHOUT INSURANCE
Health Fair	2,000.00	SHIRTS, BAGS, LUNCH, PRIZES & DECORATIONS
Entry Fee Reimbursements	700.00	\$20 Reimbursement Limit
Weight Watchers	3,600.00	6 Monthly Pass = \$15/person 6 Online = \$7.50/person
Health Club Reimbursements	6,300.00	\$15/person per month that 12 times is met
Lunch & Learns	600.00	\$150 is budgeted under Wellness
Fitness Challenge Incentives	800.00	
Room Updates (CTHS)	1,290.00	
Corporate Challenge	600.00	
Yoga	650.00	\$25/session - 26 sessions/year
	<u>\$ 18,140.00</u>	