



MARINETTE COUNTY Wellness Committee

Nicole Albrecht
Chair

Katie Kinney
Vice-Chair

BobbieJean Borkowski
Secretary

Hollie Viestenz
Treasurer

Agenda

**MARINETTE COUNTY WELLNESS
COMMITTEE Monday, July 13, 2020
12:15 pm.
HHSD Conf. Room G
2500 Hall Ave Marinette, WI**

1. Call Meeting to Order
2. Approve/Amend Agenda Items
3. Approve minutes of June 15, 2020
4. Discuss/consider 2021 Budget, action if any
5. Discuss/consider purchase Power Rack for LEC fitness room purchase price, action if any
6. Discuss/consider 2020 Golf Outing, action if any
7. Discuss/consider purchase for water challenge, action if any
8. Wellness Chair report on programs and activities, action if any
9. Correspondence, action if any. (Correspondence if not specifically listed below will be for information only)
10. Identify future items to be placed on the agenda
11. Set next meeting date
12. Adjournment

Addendum(s) when applicable

NOTE: Agenda items may not be considered and acted upon in the order listed

If you are an individual who needs a special accommodation while attending the meeting as required by the "Americans With Disabilities Act", please notify County Clerk Kathy Brandt, Marinette County Courthouse (715-732-7406) at least 48 hours prior to the meeting to make suitable arrangements. Thank you.



MARINETTE COUNTY Wellness Committee

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Minutes

June 15, 2020

Jury Assembly Room

Marinette County Courthouse

MEMBERS PRESENT: County Board Member Al Sauld, Nicole Albrecht, Hollie Viestenz, Katie Kinney, Bobbie Dolliver, Heather Guenette, and Bobbie Borkowski

MEMBERS EXCUSED: Bev Noffke and Lori Stenstrup

OTHERS PRESENT: County Administrator John Lefebvre

1. Call to order

Meeting called to order at 12:15 p.m. by Chairperson Nicole Albrecht.

2. Approve/Amend Agenda items

Motion (Viestenz/Kinney) to approve the agenda. Motion carried. No negative vote.

3. Approve/Amend Minutes

Motion (Sauld/Guenette) to approve the minutes of February 17, 2020. Motion carried. No negative vote.

4. Financial Report

Motion (Kinney/Sauld) to accept Financial Report as presented. Motion carried. No negative vote.

5. 2021 Budget

Discussion only. Bring back to next meeting for approval.

6. Guidelines to Reopen County Fitness Rooms

Motion (Guenette/Sauld) to approve wellness guidelines discussed and presented to reopen fitness rooms in Marinette County buildings. Motion carried. No negative vote.

The committee discussed guidelines with County Administrator for reopening fitness rooms and will confer with Public Health nurse for further input. Fitness rooms will open soon following proper protocol.

7. Purchase TV for LEC Fitness Room

Motion (Kinney/Borkowski) to approve purchase of a TV for the LEC fitness room not to exceed \$500.00. Motion carried. No negative vote.

8. 2020 Golf Outing

Discussion only. Nicole will email to see if the event can still occur this year and then look at dates/times.

9. 2020 Health Fair – updated.

Marinette County will not be hosting a 2020 health fair this year. Letters to vendors will be sent out.

10. Wellness Chair Report

Due to elimination of paper and pen at some fitness entities – employees need to make sure they are logged in at their fitness center in order to get reimbursement.

11. Healthy Initiative Ideas

Motion (Dolliver/Viestenz) to approve the following fitness challenges. Motion carried. No negative vote.

- 30/30 fitness challenge for all employees – July, one drawing will take place for this event.
- Water challenge – August or September for wellness members only, prizes will be included in this event.

12. 2020 Bellin Virtual Run

19 participants this year, good turn out with being virtual.

13. Correspondence

- Order Power Rack – LEC
- Order equipment and mirror – HHSD
- Order treadmill for 2021 – Courthouse – will get quotes and bring back to committee

14. Future Items

- 2021 Budget
- 2020 Golf outing

15. Adjournment

Motion (Dolliver/Sauld) to adjourn at 1:17 p.m. Motion carried. No negative votes.

Next meeting date at July 13, 2020 at HHSD

BobbieJean Borkowski
Wellness Secretary

Date approved/corrected:

Object	Account Description	2021 Dept Budget	2020 Projected Actuals	2020 Revised Budget	2020 Actuals	2019 Revised Budget	2019 Actuals	2018 Revised Budget	2018 Actuals
51432000	COUNY WELLNESS PROGRAM								
48601	MISCELLANEOUS REVENUE		\$0.00	\$0.00	\$0.00	(\$15,000.00)	(\$8,215.64)	(\$16,500.00)	(\$20,000.00)
51151	CO SHARE OF SOCIAL SECURITY	\$612.00	\$475.83	\$606.56	\$130.44	\$1,603.00	\$431.32	\$836.00	\$560.87
52402	CORP CHALLENGE/YOGA	\$1,350.00	\$1,350.00	\$1,350.00	\$125.00	\$1,225.00	\$825.00	\$875.00	\$775.00
52403	WEIGHT WATCHERS	\$500.00	\$420.00	\$750.00	\$190.00	\$700.00	\$157.00	\$500.00	\$263.00
52405	HEALTH FAIR	\$3,500.00	\$0.00	\$3,500.00	\$0.00	\$4,500.00	\$735.34	\$5,100.00	\$4,862.84
52406	FITNESS CLUB REIMB	\$7,000.00	\$5,500.00	\$7,400.00	\$1,419.82	\$10,500.00	\$5,755.41	\$9,540.00	\$7,220.40
52424	DUES REGISTRATION & TUITION	\$500.00	\$300.00	\$750.00	\$150.00	\$1,289.00	\$275.00	\$890.00	\$490.00
52496	PROGRAMMING	\$250.00	\$250.00	\$250.00	\$0.00	\$0.00	\$0.00	\$600.00	\$72.95
52497	FITNESS INCENTIVES	\$200.00	\$200.00	\$200.00	\$0.00	\$0.00	\$250.00	\$1,261.00	\$670.38
		\$13,912.00	\$8,495.83	\$14,806.56	\$2,015.26	\$4,817.00	\$213.43	\$3,102.00	(\$5,084.56)
51433000	EMPLOYEE WELLNESS PROGRAM								
48511	DONATIONS	(\$4,550.00)	(\$4,550.00)	(\$4,550.00)	(\$1,814.27)	(\$4,550.00)	(\$14,146.63)	(\$4,550.00)	(\$4,592.00)
52413	COURTHOUSE PRINTING	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1.32	\$0.00	\$0.00
52498	OPERATION EXPENDITURES	\$11,850.00		\$4,550.00	\$1,245.91	\$4,550.00	\$4,324.86	\$4,525.00	\$4,505.31
	Meeting Lunches	\$250.00	\$250.00		\$58.98		\$203.37		\$0.00
	Blood Drive Snacks	\$150.00	\$150.00		\$14.69		\$134.03		\$0.00
	Lunch & Learns				\$0.00		\$0.00		\$0.00
	Fruit Delivery				\$0.00		\$0.00		\$0.00
	Fitness Challenge Incentives				\$0.00		\$0.00		\$399.93
	Sunshine Fund/Greeting Cards	\$100.00	\$50.00		\$0.00		\$0.00		\$38.38
	Fitness Rm. Cthouse	\$250.00	\$125.00		\$15.67		\$0.00		\$0.00
	Fitness Rm. HHSD	\$250.00	\$125.00		\$15.66		\$0.00		\$0.00
	Fitness Rm. LEC	\$250.00	\$125.00		\$15.66		\$0.00		\$0.00
	Office/Auditron/Motorpool	\$50.00	\$50.00		\$2.64		\$26.01		\$81.20
	Fitness Walk 1	\$300.00	\$300.00		\$0.00		\$358.82		\$342.49
	PH & EM Appreciation Lunch		\$56.00		\$55.86		\$0.00		\$0.00
	Golf Outing	\$850.00	\$850.00		\$0.00		\$856.80		\$933.90
	Health Challenges	\$500.00			\$0.00		\$0.00		\$0.00
	Massages	\$1,250.00			\$416.75		\$1,250.25		\$1,264.00
	Minutes in Motion	\$650.00			\$650.00		\$660.00		\$621.10
	Equipment Purchases	\$7,000.00			\$0.00		\$835.58		\$824.31
	Fund Balance Applied	\$7,300.00	(\$4,550.00)	\$0.00	(\$568.36)	\$0.00	(\$9,820.45)	(\$25.00)	(\$86.69)
49210	TRANSFER IN	\$7,601.27	\$0.00	\$0.00	\$0.00	(\$15,000.00)	(\$15,000.00)	\$0.00	\$0.00
	2021 County Budget	\$13,912.00							
	Estimated 2020 Fund Balance	\$6,310.73							
	2021 Additional Funding	\$7,601.27							



Rogue RM-3 Monster Rack 2.0

RF0661-FBS6-C2476-BK-75-72-717-614

Color: Satin Black

Height: 90"

Option 1: Hardware Finish: Black Zinc

Option 2: Front Pull-up Bar: XM-431 Monster 43 Single Pullup Bar

Option 3: Rear Crossmember: XM-433 Monster Fat/Skinny

Option 4: J-cups: Monster Standard J-Cup Pair

Option 5: Safeties: Strap Safety Set

 *Made to Order: Ships in 30-60 Days*

\$1,260.00

Qty*

1

@ \$1,260.00

[Edit](#)

[Remove](#)

[Empty Cart](#)

[View Cart](#)

CUSTOMERS ALSO BOUGHT



Rogue Echo Bike

\$775.00
~~\$795.00~~



RML-390F Flat Foot Monster Lite

\$795.00



Rogue Echo Resistance Bands

\$12.00



Rogue Kettlebells

\$24.00



Subtotal (1 Items)

\$1,260.00

Est. Shipping & Tax

[United States, 54143](#)

Country*

United States

State*

WI

Zip Code*

54143

Update

[Cancel](#)

Shipping & Handling [\(LTL\)](#)

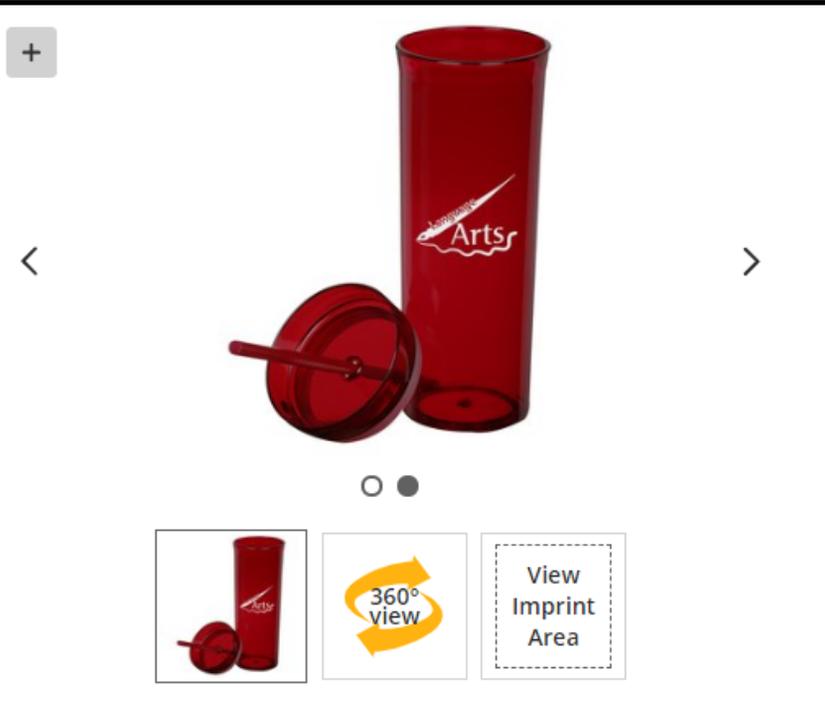
\$155.80

Tax

\$77.87

Checkout

Order Total **\$1,493.67**



Product Details ▶ Sending Artwork

Request A Free Sample

These single-wall tumblers provide a perfect 22-oz serving of refreshments!

The matching screw-on lid and straw help you avoid unnecessary spills!

Made from BPA-free plastic #7; check locally for recycling information.

Size: holds 22-oz.

Your price includes a one-color wrap imprint on the tumbler.

Set-up charge: add \$55.

Imported, logo applied in USA.

Maximum number of imprint colors: 4

Ready to ship in : 2 business days *.

Item #117214

Sauron Tumbler with Straw - 22 oz.

Custom tumblers are a crowd favorite! [Read More...](#)

Original price: \$2.19 to \$3.65
 Now on sale: \$2.09 to \$3.35 - Sale ends 7/18

★★★★☆ 4 stars(27)

Select a Color: ?

3 color(s) to choose from!



Translucent
Royal Blue



Translucent
Black



Clear

Product Color Selection: Please select your color above

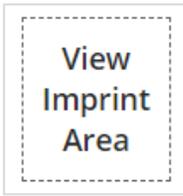
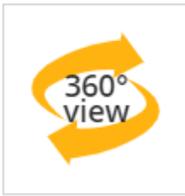
: Tumbler

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each
250	\$2.69



Item #117213

Templar Tumbler with Straw - 22 oz.

Personalized plastic tumblers provide a designated spot for your logo!

[Read More...](#)

★★★★☆ 4 stars(9)

Select a Color:



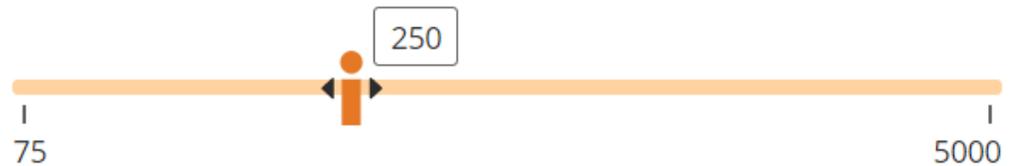
1 color(s) to choose from!

This item has one color option: Royal Blue / Translucent Royal Blue

■ : Lid ■ : Straw

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each
250	\$3.19
Subtotal	
	\$797.50

Product Details

▶ Sending Artwork

Request A Free Sample

translucent body provides a clear view of your drink and your logo!

single-wall tumbler is made with a durable plastic, strong enough to hold up to daily use.

Tumbler includes a removable lid with twist seal



Product Details

Sending Artwork

Request A Free Sample

- Your logo will leap from this clear double wall AS plastic tumbler.
- A matching push-on AS plastic lid and PP plastic straw add a spritz of color to this cool cup.
- Enjoy your favorite refreshing beverage while building up your company name.
- Size: 20 oz.
- Your price includes a one-color wrap imprint.
- Additional imprint color available for an additional charge.
- Set-up charge: \$55.
- Imported, logo applied in USA.
- Maximum number of imprint colors: 2



Item #137657

Flurry Tumbler with Straw - 20 oz.

Imprinting on these crystal clear tumblers takes your brand to the top! [Read More...](#)

★★★★☆ 4 stars(9)

Select a Color:



6 color(s) to choose from!

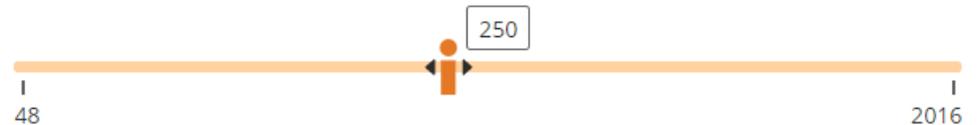


Product Color Selection: Please select your color above

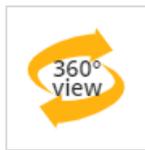
: Tumbler : Lid

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each
250	\$4.18
Subtotal	
	\$1045.00



Item #112033-24

Sizzle Single Wall Tumbler with Straw - 24 oz.

Have them sipping from tumblers with your logo in no time! [Read More...](#)

Original price: \$1.79 to \$3.35

Now on sale: \$1.69 to \$3.09 - Sale ends 7/18

★★★★☆ 4 stars(52)

Select a Color:



2 color(s) to choose from!



Clear

Product Color Selection: Translucent Royal Blue

■ : Tumbler

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each
250	\$2.25
Subtotal	
	\$562.50

Product Details

Sending Artwork

Request A Free Sample

- This single-wall plastic tumbler offers a smart reusable solution for your frequent customers.
- Screw-on lid and removable straw make this cup the perfect drive-through, concession stand or restaurant to-go cup.
- Offer customers a tumbler with each purchase and a discount each time they bring them in again—save on disposable cups!
- This BPA-free cup is made from #7 plastic, which can only be recycled in a few limited areas; check locally for more information.
- Size: holds 24-oz.
- Your price includes a one-color wrap imprint.
- Set-up charge: add \$55.

• Imported, logo applied in USA



View Imprint Area

Product Details

Sending Artwork

Request A Free Sample

- This reusable mood straw is made from 100% silicone.
- Silicone material is flexible, durable and easy to clean.
- Mood straws change colors when inserted into cold liquids.
- Straws can be folded down to fit in the carrying case.
- Carrying case is designed with a snap-down lid.
- Straw measures 9-7/8" in length.



Item #157264

Reuse-it Mood Silicone Straw

Reuse these straws to spread your logo! [Read More...](#)

Original price: \$0.99 to \$1.65

Now on sale: \$0.95 to \$1.49 - Sale ends 7/31

Select a Color:



4 color(s) to choose from!



Yellow
back in stock
7/10



Orange
back in stock
8/10



Pink



Light Blue
back in stock
7/10

Product Color Selection: Please select your color above

: Container : Straw

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity

250

Price Each

\$1.39

Subtotal

\$347.50

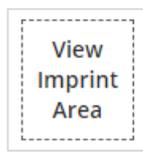


Item #154051

Park Avenue Stainless Straw Set

Reusable straws make great gifts! [Read More...](#)

★★★★☆ [4 stars\(6\)](#)



Select a Color:



3 color(s) to choose from!



Gold



Rose Gold



Rainbow

Product Color Selection: Please select your color above

: Straw : Tip

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each		
250	\$1.59		
	Subtotal		\$397.50
	Extra Charge		\$45.00
	Total		\$442.50

Product Details

Sending Artwork

Request A Free Sample

- This set includes a reusable straw and a wire cleaning brush.
- Straws are made of stainless steel and include a frosted silicone tip.
- Straw is available in Gold, Rainbow or Rose Gold.
- Size: 9-1/2" x 1/4".
- Your price includes a laser engraved imprint on the straw, tip to the right.
- Set-up charge: add \$45.
- Imported, logo applied in USA.
- Ready to ship in : 3 business days *.

* Excludes art preparation time, applies only to orders of 1000 items or fewer.



Item #150594

Stainless Steel Straw Set

Customize these stainless steel straw kits! [Read More...](#)

★★★★☆ 4 stars(203)

Select a Color:



6 color(s) to choose from!



Product Color Selection: Please select your color above

: Pouch

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each
250	\$2.19

Subtotal **\$547.50**

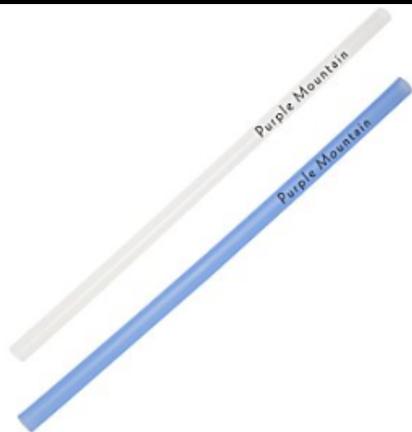
You save \$75.00 over minimum quantity

Product Details

Sending Artwork

[Request A Free Sample](#)

- Minimize waste with these reusable straw kits.
- Kits include a stainless steel straw, a wire cleaning brush and a silicone tip.
- The drawstring bag color coordinates with the straw tip.
- The metal straw is 9-1/2" long and 1/4" in diameter.
- Size (bag): 11-1/8" x 3-1/4".
- Your price includes a one color imprint on the pouch.
- Set-up charge: add \$40.
- Imported, logo applied in USA.
- Maximum number of imprint colors: 1



Item #118275

Mood Straw

Drink in the promotions with this imprinted mood straw! [Read More...](#)

★★★★☆ 3 stars(26)

Select a Color:



6 color(s) to choose from!



Product Color Selection: Please select your color above

: Straw Before Color Change : Straw After Color Change

Choose Your Quantity:

Enter the quantity you'd like, or drag our orange 'i' to find a quantity and price that's best for you. (Patent 7,979,318)



Quantity	Price Each	Subtotal	Extra Charge
1000	\$0.28	\$280.00	\$50.00

Product Details

Sending Artwork

[Request A Free Sample](#)

- Color-changing straws are a must-have for their outdoor event.
- Straws will change colors when subjected to ice-cold liquids.
- Each straw is made from reusable, heavy-duty plastic for long-lasting use.
- Imprints are laser engraved, ensuring that they won't rub off.
- Size: 9" long.
- Your price includes a laser-engraved imprint on one side.
- Set-up charge: add \$50.
- USA Made.
- Ready to ship in : 5 business days *

* Excludes art preparation time, applies only to orders of 2500 items or fewer.

PillPack by amazon pharmacy
Your medication, delivered
[Learn more >](#)

Home & Kitchen > Kitchen & Dining > Dining & Entertaining



Roll over image to zoom in



SKINNY TUMBLERS 12
Colored Acrylic Tumblers
with Lids and Straws |
Skinny, 16oz Double Wall
Clear Plastic Tumblers With
FREE Straw Cleaner &
Name Tags! Reusable Cup
With Straw (Multicolors, 12)

by STRATA CUPS
★★★★★ 2,273 ratings
Amazon's Choice for "plastic tumblers wi..."

Price: **\$44.99** & **FREE Shipping**. Details
& **FREE Returns**

Get \$50 off instantly: Pay \$0.00 ~~\$44.99~~
upon approval for the Amazon Rewards
Visa Card. No annual fee.

Size: 12

12 \$44.99	24 \$78.95
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DISHWASHER SAFE !!!!



Your medication, delivered

[Learn more](#)

Home & Kitchen › Kitchen & Dining › Travel & To-Go Drinkware › Travel Mugs & Tumblers



Roll over image to zoom in



Maars Classic Insulated Tumblers 16 oz. | Double Wall Acrylic | 12 pack

by Maars® Drinkware

★★★★☆ 1,074 ratings

Amazon's Choice for "maars tumbler"

Price: **\$35.97** (\$3.00 / Item) & **FREE Shipping**. [Details & FREE Returns](#)

Get \$10 off instantly: Pay \$25.97 upon approval for the Amazon.com Store Card.

Size: **12 pack**

12 Pack

12 pack

Color: **Classic Assorted**



- **COLD & HOT:** keeps cold drinks colder and hot drinks hotter with ultrasonic sealed double wall and screw on lid (temp rating up to 175 deg F)
- **REDUCES & PREVENTS:** condensation and sweating; no more cup stains on table and counter tops
- **BPA-FREE:** high-grade 100% acrylic plastic construction with matching colored straw and lid
- **DISHWASHER SAFE:** top rack dishwasher safe and fits any standard size cupholder
- **COLORS INCLUDED:** Pink, Smoke, Red, Blue, Magenta, Mint, Lavender, Orange, Purple, Yellow, Aqua, Green (one of each color)

› [See more product details](#)

DISHWASHER SAFE, BUT ONLY CLEAR IN 12 PACK. NO ASSORTED COLORS.



12 PACK

4PK Available



Roll over image to zoom in



Maars Classic Insulated Skinny Tumblers 16 oz. | Double Wall Acrylic | Clear - 12 pack

by Maars® Drinkware

★★★★☆ 653 ratings

Amazon's Choice for "tumbler packs"

Price: **\$34.99** & **FREE Shipping**. Details & **FREE Returns**

Get \$10 off instantly: Pay \$24.99 upon approval for the Amazon.com Store Card.

Size: **12 pack**

4 pack

12 pack

Color: **Clear**



- Double wall acrylic construction and screw-on lid with inner seal ring conducts even temperature retention to keep cold drinks chilled and hot drinks toasty, with a temperature rating of up to 175 degrees Fahrenheit
- Double walled tumbler provides a sweat proof and condensation free cup exterior to prevent drips on the table and countertops
- Made from 100% BPA free acrylic plastic so that it is top rack dishwasher safe for cleaning

[Back to results](#)



True Lemon Lemonade 30-count

by True Citrus

★★★★★ [1,171 ratings](#) | [27 answered questions](#)

Price: **\$6.18** (\$1.95 / Ounce) [FREE Shipping](#) on orders over \$25.00 shipped by Amazon or get **Fast, Free Shipping** with Amazon Prime

[Get \\$50 off instantly: Pay \\$0.00 ~~\\$6.18~~ upon approval for the Amazon Rewards Visa Card. No annual fee.](#)

Size: **0.10 Ounce (Pack of 30)**

0.10 Ounce (Pack of 10)
5 options from \$6.81

0.10 Ounce (Pack of 30)
\$6.18 (\$1.95 / Ounce)

- Great alternative to soda, artificially sweetened drinks or mixes. Perfect for on-the-go adults & kids alike!
- Delivers delicious taste naturally: contains only simple & clean ingredients
- Only 10 calories per packet: Sweetness from natural Stevia & natural sugar
- NO artificial sweeteners, flavors, preservatives or sodium. Naturally derived colors from fruits & vegetables. Non-GMO
- 100% guarantee of satisfaction!



True Lemon - Raspberry Lemonade - Single-Serve Packets - Water Enhancer - 30-count

by True Citrus

★★★★★ [538 ratings](#) | [10 answered questions](#)

Price: **\$6.98** (\$2.22 / Ounce) [FREE Shipping](#) on orders over \$25.00 shipped by Amazon or get **Fast, Free Shipping** with Amazon Prime

[Get \\$10 off instantly: Pay \\$0.00 upon approval for the Amazon.com Store Card.](#)

Size: **30 Count**

10 Count (Pack of 4)

30 Count

Style: **Raspberry**



- Great alternative to soda, artificially sweetened drinks or mixes.