



## MARINETTE COUNTY Wellness Committee

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Anne Theuerkauf  
Chair

Nicole Albrecht  
Vice-Chair

BobbieJean Borkowski  
Secretary

Hollie Viestenz  
Treasurer

### Agenda

#### MARINETTE COUNTY WELLNESS COMMITTEE

Monday, November 14, 2016

12:00 p.m.

Job Center

Room 312/314

1605 University Ave

1. Call Meeting to Order.
2. Approve/Amend Agenda Items.
3. Approve minutes of August 15, 2016
4. Approve Financial Report
5. Discuss 2016 Health Fair – discussion only.
6. Discuss/consider Health Fair date for 2017 and theme, action if any
7. Election of Chairperson, one year term, effective January 1, 2017
8. Election of Vice-Chairperson, one year term, effective January 1, 2017
9. Election of Secretary, one year term, effective January 1, 2017
10. Election of Treasurer, one year term, effective January 1, 2017
11. Election of 4 Wellness Board members, one year term, effective January 1, 2017
12. Appointment of Wellness Work Groups for 2017, action if any
  - Blood Drive Snacks
  - Minutes in Motion
  - Massages
  - Golf Outing
  - Wellness Walk
  - Lunch & Learns
  - Fitness Room Points of Contact
  - Healthy Vending Workgroup
13. Review/approve 2017 Budget and Healthy "U" Grant Activities, action if any (handout)
14. Update on HUG activities

15. Wellness Activities

- Minutes in Motion – January
- Wellness Walk –November
- Massages

16. Correspondence, action if any. (Correspondence if not specifically listed below will be for information only.)

17. Identify future items to be placed on the agenda.

18. Set next meeting date. Scheduled location is LEC

19. Adjournment

Addendum(s) when applicable

Note: Agenda items may not be considered and acted upon in the order listed.

County Board Member Kathy Just

County Clerk; Committee Members; County Administrator

IF YOU ARE AN INDIVIDUAL WITH A DISABILITY AND NEED A SPECIAL ACCOMMODATION WHILE ATTENDING THIS MEETING AS REQUIRED BY THE AMERICANS WITH DISABILITIES ACT, PLEASE NOTIFY COUNTY CLERK KATHY BRANDT, MARINETTE COUNTY COURTHOUSE (715-732-7406) AT LEAST 24 HOURS PRIOR TO THE MEETING IN ORDER TO MAKE SUITABLE ARRANGEMENTS.



MARINETTE COUNTY  
**Wellness Committee**

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**Minutes**

August 15, 2016  
Jury Assembly Room  
Courthouse, Annex

**MEMBERS PRESENT:** County Board Member Kathy Just Nicole Albrecht, Anne Theuerkauf, Hollie Viestenz, Bev Noffke, Bobbie Dolliver, Robin Elsner, Fran Skuja, Paul Klose, Pat Kass, and Bobbie Borkowski

**1. Call to order**

Meeting called to order at 12:10 p.m. by Chairperson Anne Theuerkauf.

**2. Approve/Amend Agenda items**

Motion (Albrecht/Dolliver) to approve the agenda. Motion carried.

**3. Approve/Amend Minutes**

Motion (Viestenz/Albrecht) to approve the minutes of July 14, 2016. Motion carried.

**4. Financial Report**

Motion (Noffke/Dolliver) to accept Financial Report as presented. Motion carried.

**5. Update on HUG activities**

- Corporate Softball – 1<sup>st</sup> Place
- Fall Corporate Event – Nets & Shoes (Blind Man Volleyball & Horseshoes Tournament), Monday, September 19, 2016 at Dome Lanes
- Yoga will start again in the fall (September), two (2) free sessions a month - once at HHSD and once at the Courthouse
- Health Fair – discussion only – 62 vendors this year

**5. Update on Wellness Activities**

- Annual Golf Outing – Tuesday, August 23, 2016 at Little River Country Club
- New Quote for preventative maintenance on County fitness equipment

**6. Health Challenge Ideas – Discussion only**

- Water drinking competition (drink 8 to hydrate) – provide water bottles - prizes
- Survivor challenge – one (1) month long, each week different challenge
- Healthy vending – put healthy food in breakrooms for purchase
- Project zero – similar to holiday hold your own
- St. Patrick's day – eat your greens (salad bars)
- Stair well climbing in buildings

**7. Correspondence**

- Law Enforcement Appreciation Day
- Marinette County clothing - samples at Health Fair

**8. Future Items on Next Agenda**

- 2017 budget
- Fall Walk

**9. Adjournment**

Motion (Viestenz/Theuerkauf) to adjourn at 12:50 p.m. Motion carried.

Next meeting date: Monday, September 26, 12:00 p.m. Location – Job Center

BobbieJean Borkowski  
Marinette Deputy County Clerk

Date approved/corrected:

# Wellness Work Groups for 2017

## Blood Drive Snacks:

Tammy Kasal  
Gabrielle Salfai

## Equipment Room Point of Contact

Kathy Frank (LEC)  
Tammy Kasal & Kristi Yates (Courthouse)  
Pam Daye & Nicole Albrecht (HHSD)

## Golf Outing

Anne Smith  
Nicole Albrecht  
Teresa Rastall  
Bobbie Dolliver  
Boni Nerat-Heckel

## Minutes in Motion

Tammy Kasal (Courthouse)  
Michelle Fendryk/Samantha Kuchta (HHSD)  
Fae Olson (LEC)  
Emily May (Job Center)

## Health Fair

Bobbie Dolliver  
Nicole Albrecht  
Michelle Fendryk  
Aleta DiRienzo  
Tim Oestreich  
Paul Klose  
Hollie Viestenz  
Bobbie Borkowski  
Kristi Yates  
Bev Noffke  
Amber & Gary Lynwood  
Autumn Bickel  
Grant Kuehnl

## Lunch & Learns

Jennifer Thiele  
Wendy Stuart

## Massages

Fae Olson (LEC)  
Bobbie Dolliver (HHSD)  
Bev Noffke (Courthouse)  
Emily May (Job Center)

## Wellness Walk (1)

Bobbie Borkowski  
Kristi Yates

## Help Out Where Needed:

Pam Daye	Paul Klose
Laura Mans	Teresa Rastall
Kathy Brandt	Samantha Kutcha
Nicole Albrecht	Kristi Yates
Bev Noffke	Michelle Fendryk
Bobbie Dolliver	Stacy Phillips
Terry Carlson	Anna Gross
Laura Mans	Gabrielle Salfai
Grant Kuehnl	