Share The Care

is a model that shows ordinary people (friends, relatives, neighbors, co-workers, and acquaintances) how to create a “caring community” to help someone they know that is in need of assistance.

To learn more visit: www.Sharethecare.org
Book for sale in book stores and at www.Amazon.com

Share The Care model can be used in serving people with many different conditions

- Alzheimer’s and Parkinson’s Disease, Multiple Sclerosis, ALS, heart/stroke, cancer, COPD, and more
- In rehabilitation (back surgery, broken bones)
- Grandparents or others raising relatives’ children
- Disabled veterans
- The frail or elderly
- End-of-life

Share the Care volunteers are family, friends (close and not-so-close), neighbors (current and old), colleagues (past and present), business associates, faith community, club members, service groups, parents of children’s friends … people who want to make a difference…

Sharing responsibility assures that no one is overburdened

When is a Share The Care Group appropriate?

- Challenging diagnosis
- Unmet needs (transportation to medical appointments), caring for household
- No family support; family unsure how to help
- Tired, stressed, overwhelmed caregiver
- Loneliness and/or isolation, depression

With a Share the Care Group, family caregivers

- don’t have to be responsible for every errand, meal, or job.
- have people supporting them and their family.
- can decide how much help is needed and when.
- are assured privacy and independence.

Station Managers can coach those who need assistance to get a group started.

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