



Marinette County
HEALTH AND HUMAN SERVICES
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Dear Marinette County Community Member and Family:

Marinette County Health And Human Services - ADAPT announces the next AODA (Alcohol and Other Drug Abuse) Family Educational Series open to the public. This series is developed to address the growing concerns in our community related to the devastating impact that substance use has had on individuals, families, and the economic prosperity of our community.

The AODA Family Educational Series has been developed to address three important issues associated with substance use: **prevention, intervention, and treatment**. This program can be used as an adjunct to young people who have been cited for underage drinking, substance use, violations in school, family members who are concerned about a loved one's substance use, individuals who are struggling with their own substance use, or treatment professionals who are looking for resources to help educate their clients about the dynamics of this life threatening disease. This series is also for medical and behavioral health professionals interested in learning more about the dynamics of Substance Use Disorders.

This series will begin on **December 19, 2016** from 6:00 PM to 8:00 PM and will run for the next five consecutive weeks for a total of six weeks. All sessions will be held in the basement conference room at 2500 Hall Ave, Marinette, WI 54143. No one under 18 years of age will be allowed without parents or legal guardian. **It is strongly recommended that all family members attend** excluding children under the age of 12.

All participants will need to call Marinette County Health and Human Services – ADAPT at (715) 732-7760 or 1-888-732-7549 and reserve how many participants will be attending. Space will be limited and available on a first come basis. There will be **no cost** to the participants. Participants will be expected to attend all **6** sessions to be considered eligible for Certificate of Completion. If you have any questions on these sessions, please feel free to call one of the numbers listed above. We look forward to your attendance.

Robert M. Valentine, MSW, LCSW, CSAC, CCSII
Community Services Supervisor

Marinette County Health And Human Services
AODA FAMILY EDUCATION SERIES

Session #1: December 19, 2016 @ 6:00 to 8:00 PM

Disease Concept of Substance Dependence

This session develops a model of understanding to help participants better understand the dynamics of this devastating illness. Differences between addiction and dependence are made in order to better understand the myths and misconceptions about this disease. (Video-Secrets of Addiction Alcohol & Cocaine)

Session #2: January 9, 2016 @ 6:00 to 8:00 PM

Progression of Dependence

This presentation looks at how this disease advances from experimental usage to the late chronic stage. This progression is usually unnoticed by those who are most affected. Participants will have the opportunity to learn what can be done to recognize the progression of this illness and its effect on family members. (Video-Guidelines by Father Martin)

Session #3: January 16, 2016 @ 6:00 to 8:00 PM

Family Aspects of Substance Dependence

This session takes a look at how substance dependence influences family dynamics, the rules and roles played out by family members, in a dysfunctional family system such as those challenged by substance dependence. (Video-Reflections From the Heart Of a Child or Soft Is The Heart Of A Child)

Session #4: January 23, 2016 @ 6:00 to 8:00 PM

Treatment of Substance Dependence

Treatment of substance dependence begins with a discussion of the process of intervention and gives participants practical guidelines in this process. Different treatment options as well as the process of recovery will be reviewed. (Video-Stop The Chaos)

Session #5: January 30, 2016 @ 6:00 to 8:00 PM

Relapse Prevention

A relapse often occurs for many who struggle with challenges related to the recovery process of substance dependence. This session is a must for anyone and their family and friends who are recovering from substance dependence. Specific behavioral, emotional, and thought patterns associated with a relapse and ways to intervene will be discussed. Alternatives to relapse will be covered so substance dependence no longer has to be a controlling factor in people's lives. (Video-Signs Of Sobriety by Father Martin or Falling Back The Dry Drunk Syndrome)

Session #6: February 6, 2016 @ 6:00 to 8:00 PM

Community Support

Community Support for substance dependent people, their families and friends make the process of recovering easier and more effective. People from within the community who have confronted the challenge of overcoming the devastating effects of this disease and want to share their personal experiences throughout their recovery process give this presentation. (Video- My Name Is Bill W. if presenters are unavailable)

PLEASE REGISTER AT THE FRONT DESK.

YOU MUST SIGN IN FOR EVERY CLASS OR YOU WILL NOT RECEIVE CREDIT. YOU MUST PASS THE QUIZ TO OBTAIN A CERTIFICATE. THE CERTIFICATE IS THE ONLY PROOF YOU WILL RECEIVE TO VERIFY YOU ATTENDED ALL CLASSES AND PASSED THE QUIZ.

All sessions will be located in the basement conference room at Marinette County Human Services - ADAPT located at 2500 Hall Ave., Marinette, WI 54143; Call (715) 732-7760 or 1-888-732-7549 for further information.